Have students watch the video. https://www.youtube.com/watch?v=FhR2voIagOw

Use the worksheet to check comprehension.

Teacher's Notes: Sunshine English Directions & Vocabulary

Before Watching the Video

- Begin the lesson by introducing the topic of hobbies, daily routines, and relaxation activities.
- Write the following warm-up questions on the board and discuss them with the class:
    - What do you like to do in your free time?
    - How do you usually start your day?
    - What do you do to relax after a busy day?
    - Pre-teach or review key vocabulary that might appear in the transcript, such as:
    - Relax/unwind, active, routine, favorite, mystery novels, fantasy, grocery shopping, and stretching exercises.
- Explain that students will watch a video involving two conversations and will complete a quiz-style worksheet afterward.
- Encourage students to listen carefully to the details in the conversations.

During Watching the Video

- Play the video for the students.
- Ask students to take notes on the activities and preferences mentioned by the speakers in the conversations If needed, pause the video after each conversation to check students' understanding or clarify any unfamiliar words.
- Encourage students to focus on how the speakers greet each other, ask and answer questions, and end their conversations

After Watching the Video

- Distribute the quiz-style worksheet and have students complete it individually or in pairs.
    - Review the answers as a class, discussing any mistakes or misunderstandings
- Asking students to write a short paragraph about their favorite hobby or daily routine.
- End the lesson with a class discussion:
    - Which activities or hobbies mentioned in the video did they find most interesting?
    - How do they relax or unwind, and does it differ from what the speakers in the video do?

QUIZ

Question	Answer Options	Correct Answer
1. What does the first person in Conversation 1 say they like to do in their free time?	a) Run in the park b) Play games c) Watch TV d) Read books	b) Play games
2. What game does the second person in Conversation 1 enjoy?	a) "Minecraft" b) "Animal Crossing" c) "Fortnite" d) "The Sims"	b) "Animal Crossing"
3. Why does the second person like "Animal Crossing"?	a) It is exciting b) It helps them learn c) It is relaxing d) It is competitive	c) It is relaxing
4. What activity does the second person in Conversation 2 do to start their day?	a) Go jogging b) Drink coffee c) Read a book d) Do yoga	b) Drink coffee
5. What are the second person's plans for the evening in Conversation 2?	a) Relaxing at home b) Meeting a friend for dinner c) Grocery shopping d) Watching TV	b) Meeting a friend for dinner
6. How does the first person in Conversation 2 unwind after a busy day?	a) Listening to music or watching TV b) Playing board games c) Doing sports d) Painting	a) Listening to music or watching TV
7. What type of books does the first person enjoy reading in Conversation 2?	a) Non-fiction b) Mystery and fantasy c) Science fiction d) Romance	b) Mystery and fantasy
8. What does the second person like about non-fiction books?	a) They are funny b) They are interesting c) They are relaxing d) They are fictional	b) They are interesting
9. What is the benefit of staying active, as mentioned in Conversation 1?	a) It improves memory b) It is important for health c) It makes people popular d) It is fun	b) It is important for health
10. How does the first person describe mystery and fantasy books?	a) Exciting adventures in their imagination b) Relaxing reads c) Boring d) Good for learning	a) Exciting adventures in their imagination

QUIZ

Question	Answer Options	Correct Answer
1. What does the first person in Conversation 1 say they like to do in their free time?	a) Run in the park b) Play games c) Watch TV d) Read books	b) Play games
2. What game does the second person in Conversation 1 enjoy?	a) "Minecraft" b) "Animal Crossing" c) "Fortnite" d) "The Sims"	b) "Animal Crossing"
3. Why does the second person like "Animal Crossing"?	a) It is exciting b) It helps them learn c) It is relaxing d) It is competitive	c) It is relaxing
4. What activity does the second person in Conversation 2 do to start their day?	a) Go jogging b) Drink coffee c) Read a book d) Do yoga	b) Drink coffee
5. What are the second person's plans for the evening in Conversation 2?	a) Relaxing at home b) Meeting a friend for dinner c) Grocery shopping d) Watching TV	b) Meeting a friend for dinner
6. How does the first person in Conversation 2 unwind after a busy day?	a) Listening to music or watching TV b) Playing board games c) Doing sports d) Painting	a) Listening to music or watching TV
7. What type of books does the first person enjoy reading in Conversation 2?	a) Non-fiction b) Mystery and fantasy c) Science fiction d) Romance	b) Mystery and fantasy
8. What does the second person like about non-fiction books?	a) They are funny b) They are interesting c) They are relaxing d) They are fictional	b) They are interesting
9. What is the benefit of staying active, as mentioned in Conversation 1?	a) It improves memory b) It is important for health c) It makes people popular d) It is fun	b) It is important for health
10. How does the first person describe mystery and fantasy books?	a) Exciting adventures in their imagination b) Relaxing reads c) Boring d) Good for learning	a) Exciting adventures in their imagination

QUIZ

Question	Answer Options	Correct Answer
1. What does the first person in Conversation 1 say they like to do in their free time?	a) Run in the park b) Play games c) Watch TV d) Read books	b) Play games
2. What game does the second person in Conversation 1 enjoy?	a) "Minecraft" b) "Animal Crossing" c) "Fortnite" d) "The Sims"	b) "Animal Crossing"
3. Why does the second person like "Animal Crossing"?	a) It is exciting b) It helps them learn c) It is relaxing d) It is competitive	c) It is relaxing
4. What activity does the second person in Conversation 2 do to start their day?	a) Go jogging b) Drink coffee c) Read a book d) Do yoga	b) Drink coffee
5. What are the second person's plans for the evening in Conversation 2?	a) Relaxing at home b) Meeting a friend for dinner c) Grocery shopping d) Watching TV	b) Meeting a friend for dinner
6. How does the first person in Conversation 2 unwind after a busy day?	a) Listening to music or watching TV b) Playing board games c) Doing sports d) Painting	a) Listening to music or watching TV
7. What type of books does the first person enjoy reading in Conversation 2?	a) Non-fiction b) Mystery and fantasy c) Science fiction d) Romance	b) Mystery and fantasy
8. What does the second person like about non-fiction books?	a) They are funny b) They are interesting c) They are relaxing d) They are fictional	b) They are interesting
9. What is the benefit of staying active, as mentioned in Conversation 1?	a) It improves memory b) It is important for health c) It makes people popular d) It is fun	b) It is important for health
10. How does the first person describe mystery and fantasy books?	a) Exciting adventures in their imagination b) Relaxing reads c) Boring d) Good for learning	a) Exciting adventures in their imagination

QUIZ

Question	Answer Options	Correct Answer
1. What does the first person in Conversation 1 say they like to do in their free time?	a) Run in the park b) Play games c) Watch TV d) Read books	b) Play games
2. What game does the second person in Conversation 1 enjoy?	a) "Minecraft" b) "Animal Crossing" c) "Fortnite" d) "The Sims"	b) "Animal Crossing"
3. Why does the second person like "Animal Crossing"?	a) It is exciting b) It helps them learn c) It is relaxing d) It is competitive	c) It is relaxing
4. What activity does the second person in Conversation 2 do to start their day?	a) Go jogging b) Drink coffee c) Read a book d) Do yoga	b) Drink coffee
5. What are the second person's plans for the evening in Conversation 2?	a) Relaxing at home b) Meeting a friend for dinner c) Grocery shopping d) Watching TV	b) Meeting a friend for dinner
6. How does the first person in Conversation 2 unwind after a busy day?	a) Listening to music or watching TV b) Playing board games c) Doing sports d) Painting	a) Listening to music or watching TV
7. What type of books does the first person enjoy reading in Conversation 2?	a) Non-fiction b) Mystery and fantasy c) Science fiction d) Romance	b) Mystery and fantasy
8. What does the second person like about non-fiction books?	a) They are funny b) They are interesting c) They are relaxing d) They are fictional	b) They are interesting
9. What is the benefit of staying active, as mentioned in Conversation 1?	a) It improves memory b) It is important for health c) It makes people popular d) It is fun	b) It is important for health
10. How does the first person describe mystery and fantasy books?	a) Exciting adventures in their imagination b) Relaxing reads c) Boring d) Good for learning	a) Exciting adventures in their imagination